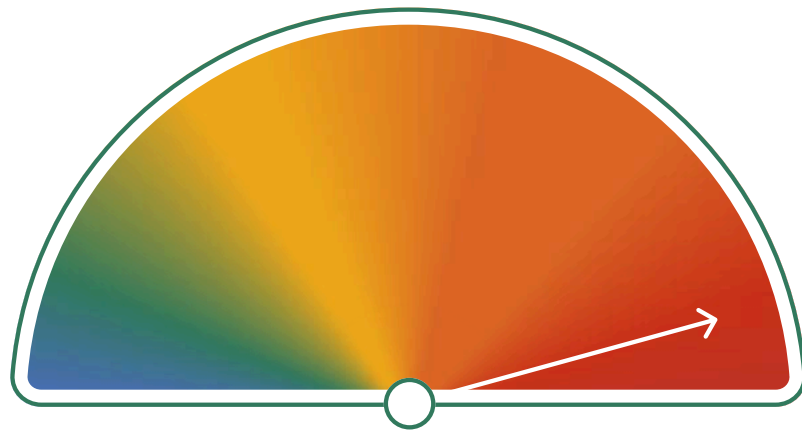


Gambling Behavior Self Assessment

Your Results:  4 "Yes" Answers



All questions checked

Your answers reflect a strong pattern of harm – emotional, financial, and behavioral. It's likely that gambling is affecting your mental health, your relationships, and your financial stability. But here's the important part: help works. Many people have come back from this place and found clarity, confidence, and relief. You are not alone. This is a powerful moment to take the next step – talk to someone, explore your options, and take back control.

Your answers reflect a clear and serious pattern of gambling-related harm. Emotional distress, secrecy, financial consequences, and behavioral dependence may all be present. You are not alone – many people have been where you are and have found meaningful support and healing. It's time to take action. Speaking with someone who understands gambling issues can help you take back control, reduce stress, and build a healthier future. We strongly encourage you to reach out today.

If you ever want to talk to someone, free and confidential help is available through Playwise. You can reach Florida's official gambling helpline anytime at [1-833-PLAYWISE](tel:1-833-PLAYWISE) (1-833-752-9947) or chat with support at playwise.org now.